

Medina Youth Basketball Rules & Guidelines 2019 (5-12th Grade)

GAME RULES

1. Possession

Grade 5-up: Teams will Jump for possession, and then alternate each quarter after.

2. Playing Time

5-8th the game clock will consist of (4) 8 minute quarters. 9-12th grade, the game clock will consist of (2) 20 minute halves.

*The clock will run at all times except for 1)time outs & 2)last two minutes of the game. During the last 2 minutes, the clock will stop for all violations, fouls, foul shots, jump balls, ball out-of-bounds, etc. The clock will not stop after a basket has been made or if a team is ahead by more than 15 points.

Grades 5-8th will receive 1 timeout per half, 9-12th will receive 2 timeouts per half. Each game will have a 4 minute halftime, which may be shortened at referees or scorekeeper's discretion if game is running behind. 1 Additional timeout will be given to all teams in an overtime period.

5th and up, players must participate in 2 quarters of game.

*Overtime 9-12th grade only: If at the end of regulation play, a tie exists, one overtime period may be played. This OT period will be played out in full for two minutes. The game clock will stop at all instances same as the last two minutes of the 2nd half. If at the end of this period, the game is still tied, the game will end in a tie.

3. **Forfeits:** There will be no forfeits regardless of the number of players. Games MAY be played with an unequal number of players; however, there is not to be more than a 1 player differential. *Players arriving late may be subbed in only at the start of a new segment. *A team can ask to borrow players from opponent; however opposing coach has the right to refuse such a request.

4. **Eligible Players:** Only those listed on team roster are eligible to play in games. Playing a non-rostered player during a game will result in team suspension. Minimum one game team suspension with further penalty to be determined by league commissioners.

GENERAL LEAGUE PLAY RULES

1. 5th and up, zone defenses are permitted.

2. **Pressing & Backcourt Defense:** *Grades 5-8:* Backcourt defense (press) will be allowed only in the last 2 minutes of the game. *Note: After possession has been established by offensive team in backcourt, possession cannot be lost due to illegal backcourt defense. Also after players have been warned technical fouls will be given to discourage this continued behavior.* *Grades 9-12:* Backcourt defense is allowed throughout game

3. Lane Violations will be called: *Grades 5th up:* The 3 Second rules will be enforced as 3 seconds.

4. All grades are permitted to run set offensive plays.

5. **Free Throw Line:** *Grades 5th and up:* will not be allowed to jump across. Players must begin each free throw attempt behind the line. ****Coaches:** Please practice with kids how to line up for free throws. Running clock does not stop for free throws.

6. Fouls will be called on all grade levels. A player receiving 5 fouls will be removed from the game. Referees will use the foul as a teaching opportunity and explain to the children the infringement. Minimal free throw calls will be used in the younger grades, ball will be taken out of bounds to help continue the progress of the game. Flagrant fouls will be used, and result in an automatic two points for the other team, and possession.

****Technical fouls will be used,** and result in an automatic two points for the other team, and possession. Technical foul will also be recorded as a personal foul. If a player receives two technical fouls in one game, they will be removed from the game, and be suspended from the following practice and game for the next week. Player ejection from game play will result in automatic 1 game suspension, with further penalty to be determined by league commissioners.

7. **Player Amounts for Games:** *Grade 5 up:* Will play 5 vs. 5 Full Court on any of the courts 1-4.

8. Traveling will be called in all age groups.

9. Referee's make all decisions, please understand that the goal of this program is for the children to learn and have fun, please allow the coaching from the referee's, and have patience with them as they are learning as well.

10. **Rim Heights for Games:** *Grades 5th-up:* 10 Feet

11. 5th-7th grade girls and 5th-8th grade boys will use the 28.5" Ball. The 9-12th Boys will use men's regulation size ball 29.5".

12. Any player injured during practice or a game should be treated to the best of one's ability. If serious, please notify MCRC staff immediately to contact 911. Please notify Commissioners ASAP so injuries can be properly documented. First Aid equipment can be replenished at any time throughout season, and will be available at MCRC during practice and games.

13. **Substitutions:** *5th Grade and Up:* Substitutions are to be made through the scorer's table, and must be checked into the game via official.

14. 9-12th grade boys will participate in season end playoffs based on season standings and the overall behavior and discretion of program staff throughout the season. Teams will be seeded, and play a single elimination tournament at the end of the regular season. Program staff has the right to refuse a player, team, or age group from playoffs if unsportsmanlike conduct is present throughout the season. More schedule details to follow midseason.

GENERAL LEAGUE RULES

1. No jewelry, rubber bracelets or loose shoelaces will be permitted. Post earrings may be covered with athletic tape. Players are encouraged to keep their fingernails trimmed short. Players are not to alter provided uniform shirts in any way.

2. No foul language or abusive language will be permitted at any time by players, coaches, or spectators.

3. Unsportsmanlike conduct will not be tolerated. No fighting will be permitted. Violation of this rule will result in dismissal from the game for both players and spectators. Commissioners will determine length of suspension, if any, from future practices, games or season. There will be no refunds awarded to individuals suspended due to unsportsmanlike conduct.

4. Players and coaches are not permitted anywhere else in the building other than the gym at any time, unless an emergency, with the exception of the café, or if player or coach is a member of the facility. Bathrooms are available in the Field House.

5. In every attempt to maintain a safe playing atmosphere, we ask that players and parents change their footwear upon entering the facility. Bringing snow/water into the facility from footwear typically results in slick floors on or near the court. Please arrive a few minutes prior to game time to ensure enough time to change footwear before the start of warm-ups.

6. Facility does not open earlier than 8am. There are no exceptions to this rule. Please notify parents to stay in their cars to avoid the cold, and that doors will not be opened early. **On practice days doors will not be opened more than 15 minutes prior to practice start.**

7. **Water is the only liquid permitted into the gym by anyone. Water must remain in a resealable water bottle at all times. All spills must be reported to the officials immediately. No Gatorade, it stains the gym floor. It is recommended that each team have an extra towel at games to wipe up small water spills, as delays may occur if custodians need to be notified.**

8. The Commissioners have final interpretation of all rules, and are subject to changes or modifications at any time. Our staff will not review video tapes via parents or coaches challenging rules during games.

9. Please follow all other Recreation Center facility rules when in the building.

10. ***All players and spectators must enter through the Medina High School. Please park in the appropriate area, and do not come in through the MCRC front doors.

****Coaches****Please keep practice facilities clean when practicing. Remove any trash after practice. Also it is the coach's responsibility to monitor their children, and spectators throughout practice. Please also check bathrooms after each practice, to help keep this area clean. Teams will be reprimanded if any vandalism or complaints are made during their practice time.

11. Coaches are responsible for their team players at all times and are to see that their players leave the building with a parent. Habitual late pick-ups (more than 15 minutes) will be addressed by the Commissioners, please notify ASAP so problem can be resolved.

Please note: FOR ALL PRACTICES AND GAMES: THE REC CENTER HAS A FIRM ID POLICY IN PLACE FOR ALL PARTICIPANTS AND SPECTATORS. PLEASE REVIEW THE FOLLOWING WITH YOUR TEAMS:

All Non-Members aged 16 and Up Are Required To Show a Photo ID In Order To Enter the Facility

- Daily passes will not be sold to persons who fail to present a photo ID
- Guests 12 years of age & younger must be accompanied by an adult providing proper photo ID
- Visitors & Spectators will be required to show a photo ID to enter the facility
- Non-Members attending classes must present a photo ID prior to each class
- A Non-Member ID may be purchased for \$2.00 by frequent class attendees or those who do not have an acceptable form of ID